



Wayland Family Resource Guide

Community Partnerships for Children & Families (CPCF)

CPCF, formerly known as the Coordinated Family and Community Engagement grant is funded by the Massachusetts Department of Early Education and Care. The mission of CPCF is to enhance the services for Wayland's children, birth through eight years and their families. Priorities include universal and targeted outreach strategies, linkage to comprehensive services, and family education by strengthening the capacity of families as their child's first teacher. This includes offering STEM groups, Brain Building activities, P J Storytimes and other family literacy events.

Beverly Mobilia, Coordinator, Office - Loker School 47 Loker Street, Wayland Email: Beverly_mobilia@wayland.k12.ma.us 508.358.8611 or 617.559.9058



Visit Facebook: Newton Community Partnerships for Children and Families

Table of Contents

Wayland Public Schools	1
Preschool Programs in Wayland	2
Family Childcare Programs in Wayland	4
Educational Resources	5
Children's Before/After School/Summer	5
Children with Disabilities/Special Needs Resources	7
Crisis Hotlines	7
Daily Living Resources	8
Family Support Resources/Counseling	9
Health	1
Legal Services	1
Recreation - Wayland	1
Websites	3

Wayland Public Schools

* Wayland Public Schools: Grades PreK through 12, Administration Building -Central Office
41 Cochituate Road, 508.358.3763
Office of Student Services 508.358.3757

* Early Childhood Inclusion Coordinator: Gretchen Lutz, 508.358.6818
WPS provides support for any family that has concerns regarding their child's development (ages 3 -5). Developmental delays or difficulties that are determined to be interfering with a child's ability to learn and engage in early education can be evaluated in the areas of speech and language, physical therapy, and occupational therapy.
Email: Gretchen_Lutz@wayland.k12.ma.us

The Children's Way - Integrated Early Childhood Program 41 Cochituate Road 508.358.7072 Ages: 2.9 - entering kindergarten Director: Katy Merrell, 508.358.7072 Email: Kathleen_merrell@wayland.k12.ma.us Website: tcw.wayland.k12.ma.us

Claypit Hill School 40 Adams Lane 508.358.7401 Grades K-5



Happy Hollow School 63 Pequot Road 508.358.8641 Grades K-5

Loker School 47 Loker Street 508.358.8601 Grades K-5

Preschool Programs in Wayland

Bright Horizons at Wayland

321 Commonwealth Road, Suite 102,
Ages: Infants, Toddlers, Preschool, and
Kindergarten Preparation,
6 weeks to 6 years
Director: Helena Prentiss, 508.358.1115
Email: wayland@brighthorizons.com
Website: www.brighthorizons.com

Community Nursery School of Wayland

5 Damon Street Ages: 2.9 to 5 years Director: Beth Fuce, 508.651.2555 Email: info@cnswayland.org Website: www.cnswayland.org

Temple Shir Tikva Early Learning Center

141 Boston Post Road Ages: 18 months to 5 years Director: Sandy Gold, 508.358.4331 Website: www.shirtikva.org/education/early-learning-center

Little Lamb Preschool & Childcare

6 Loker Street Ages: 1 month to 5 years Director: Donna Sapienza, 508.653.7285 Email: littlelambwayland@gmail.com Website: www.littlelambschool.org

Longfellow Children's Center

522C Boston Post Rd Ages: 3 months to school age Director: Karen Mahoney, 508.358.0710 Email: Longfellowchildrenscenter@gmail.com Website: www.longfellowclubs.com/

The Goddard School

367 Commonwealth Road Ages: 6 weeks to 5 years Directors: Kim Mazzola & Jan Tiger, 508.655.2200 Email: dwaylandma@goddardschools.com Website: www.goddardschool.com/boston/ wayland-commonwealth-road-MA

Toddler Loving Care II

178 Commonwealth Road Ages: 2 - 6 years Director: Melody Lack, 508.358.3565 Email: tlcnurseryschool@gmail.com Website: www.toddlerlovingcare.com

Wayland Creative Preschool

50 Cochituate Road Ages: 2 to 5 years Director: Susanne Geiger, 508.358.4348 Email: Susanne@waylandcreative.com Website: waylandcreative.com

Wayland Montessori

5 Damon Street Ages 2.9 to 6 years Director: Aman Purewal, 508.655.5742 Email: waylandmontessori@gmail.com Website: www.waylandmontessori.com

Family Childcare Programs in Wayland

Farrell, Deirdre 69 Old Connecticut Path 508.276.1342 Email: deepatrick@juno.com

O'Donnell, Raylee 3 Bayfield Road 508.650.9080 Email: rayleeodonnell@aol.com

Slater, Cynthia 4 Maguire Rd 508.653.0584



Educational Resources

Department of Early Education & Care

51 Sleeper St, Boston 617.988.6600 Website has information for families with children ages 0 to 8 years and provides links to programs, services, and resources for parents and early education providers.

Website: www.mass.gov/eec

Wayland Free Public Library

Offers free programs for children of all ages, including crafts, legos, story hours, sing-a-longs, magic shows, puppet shows, science activities, and more. Lots to borrow with a library card. 5 Concord Rd, Wayland 508.358.2308 Website: www.waylandlibrary.org

Discovery Museum

Children's Discovery Museum offers hands-on, child-sized fun and opportunities to explore science-based concepts through a theme. Designed for toddler age through early elementary school age. 177 Main Street, Acton, 978.264.4200 Website: discoverymuseums.org



Children's Before/After School/Summer

Before & After School Extension - BASE - is located in each elementary school and at Wayland Middle School, providing before and after school programming for children in kindergarten through eighth grade. Before School is only for K-Grade 5. Enroll/register online: www.familyid.com/wayland-school-community-programs Website: www.waylandk12.ma.us/district_info/wayland_school_ community_programs/b_a_s_e Wayland School Community Programs - WSCP Loker School, 508.655.8616, 508.358.8617

Pegasus Summer Program

Pegasus is a summer enrichment program for Preschool through entering grade 6 children. Two sessions are held and extended hours are available. (8:00am - 5:30pm) To register online: www.familyid.com/pegasus-summer-program Website: www.pegasussummerexperience.com 508.358.8621

Wayland Children & Parents Association

WCPA brings families with young children together for fun, education and support, promotes social interactions for Wayland families, and sponsors educational and fundraising events. For more information, visit: www.waylandwcpa.org or membership@waylandwcpa.org

Children with Disabilities/Special Needs Resources

Criterion-Middlesex Early Intervention

Children are eligible for early intervention services who are between birth and 3 years of age and exhibit a developmental delay or are at risk for a developmental delay because of health or environmental conditions. In addition, EI offers community based developmental enrichment groups, childcare, and newborn home visiting programs. EI serves Wayland and eight other communities. Website: www.criterionchild.com/index.php/programs/early-intervention 651 Franklin St, Framingham, 508.620.1442

Wayland Special Education Parent Advisory Council-SEPAC

SEPAC is a parent advisory council for children with special needs. The council functions as a forum for information sharing and in a collaborative role with the Wayland School Committee relative to special education issues.

Contact: Laura Malnight, 508.358.0283

Email: Imalnight@gmail.com

For more info: wayland.k12.ma.us/administration/student_services/s_e_p_a_c

Crisis Hotlines

- ^ Child Abuse 800.792.5200
- ^ Parental Stress -800.632.8188
- ^ National Domestic Violence Hotline -800.799.7233
- ^ <u>www.domesticviolenceroundtable.org</u>

Daily Living Resources

Wayland Housing Authority

WHA provides safe and sanitary affordable housing for low and moderate-income individuals/families who are otherwise unable to obtain adequate housing. WHA manages two low and moderate-income elderly and disabled housing complexes. For more information or to get an application, Visit: www.wayland.ma.us/Pages/WaylandMA_Housing 106 Main St, Wayland 508.655.6310

Wayland Community Fund

Provides short term emergency financial assistance to Wayland residents. For information: www.wayland.ma.us/Pages/WaylandMA_BComm/Charity/index C/O Treasurer's Office, Wayland Town Building 41 Cochituate Road 508.358.3624

Veteran's Services

West Suburban Veterans' District manages and participates in the administration of benefits available to eligible veterans and their dependents. The goal is to assist Wayland veterans and their families in obtaining any benefits or services for which they may have need and be entitled.

41 Cochituate Rd, Wayland Email: sspear@westsuburbanveterans.com 781.489.7509



FAMILY SUPPORT RESOURCES/COUNSELING

Wayland Youth & Family Services

WYFS supports the healthy development of young Wayland residents and families by providing a variety of counseling, educational, and outreach services and programs. Wayland Town Building 41 Cochituate Rd, 508.358.4293 Website: www.wayland.ma.us/youthservice

Human Relation Services

HRS provides mental health treatment, regardless of ability to pay, to all residents of Wayland, offering high quality care in a warm, informal setting. They also provide prevention, consultation, education, college counseling, crisis intervention, and employee assistance services. 11 Chapel Place, Wellesley 781.235.4950 Email: info@hrshelps.org Website: www.humanrelationsservice.org

Wayside Youth & Family Support Metrowest

WYFS provides supports for parents, grandparents, caregivers of children with mental health challenges, and supports young adults experiencing mental health challenges through services and activities that promote wellness.

88 Lincoln St, Framingham, 508.620.0010 Website: www.waysideparents.org/



Advocates Community Counseling

ACC offers supports for people who face developmental mental health or other life challenges. 24 hour crisis support line: 1.800.640.5432 354 Waverley St, Framingham 508.661.2020 Website: www.advocates.org

South Middlesex Opportunity Council

SMOC serves low-income families and offers child, adolescent, individual, and family counseling services 7 Bishop St, Framingham 508.872.4853 Website: www.smoc.org

Caregroup Parmenter Home Care & Hospice

Heart play is a free bereavement program for young children and adolescents who have experienced loss. 266 Cochituate Rd, Wayland Children's Services Director - Jennifer Wiles Email: jwiles@mah.harvard.edu 508.358.3000

Enable, Inc. - Consultation Services for Children

CSC offers collaborative mental health consultation services to early education and care programs. Licensed and experienced mental health clinicians build partnerships and relationships with early childhood educators and families to support the emotional-social well-being of enrolled children and/or address specific challenging behaviors.

605 Neponset Street, Canton 781.821.1386 Website: www.enableinc.org

HEALTH

Wayland Health Department

41 Cochituate Rd, Director of Public Health, Julia Junghanns, R.S., C.H.O. 508.358.3619 Public Health Nurse and School Nurse leader Ruth Mori, RN, BSN 508.358.3617

LEGAL SERVICES

Mass Legal Help - find practical, easy to understand information about your rights Website: www.MassLegalHelp.org Legal Services Offices - free legal services depending upon income and legal problem Website: www.MassLegalHelp.org/find-legal-aid

RECREATION - Wayland

Wayland Recreation Department

Provides programs, facilities, and services designed to enhance individual and community values of physical, social, creative, cultural and intellectual growth and development.

Programs for children of all ages and families, special events and summer camps.

41 Cochituate Rd, 508.358.7701

Website: www.waylandrec.com

Playgrounds

* Alpine Field Playground - Alpine Road, Features a wide variety of play structures and a sandbox with equipment and toys for children kindergarten age and under. Fenced in with gate.

*Cochituate Ball Field - 50 West Plain, playground behind baseball fields

* Hannah Williams - Main St, behind TD Bank, has jungle gym, gazebo, large grassy area, open dawn to dusk.

Town Beach

25 Parkland Drive

* Offers swimming lessons, sailing lessons, family activities, sailboat and kayak rentals, stand-up Paddleboard rentals, picnic area with grills and tables, bathrooms, shower and changing rooms, concession stand, playground, sand volleyball, free parking.

Open June through August Register online: http://waylandrec.com/beach/

Wayland Community Pool

258 Old Connecticut Path
* Family swims and classes available for all ages (6mos +),
Fees and registration on line
Website: waylandcommunitypool.org

Helpful Websites

Parenting & Child Development

www.brainbuildinginprogress.org www.brazeltontouchpoints.org www.commonsensemedia.org www.onetoughjob.org www.parenting.dignity.com www.playfulparenting.com www.positiveparentingsolutions.com www.proactiveparenting.org www.readingrockets.org www.zerotothree.org

Special Needs www.autismspeaks.org www.parentshelpingparents.org www.postivesolutions.com

Health

www.aap.org (American Academy of Pediatrics) www.activeforlife.com www.ChooseMyPlate.gov www.eatright.org/resources/for-kids www.TheNutritionSource.org

Wayland Family Resource Guide - updated October, 2017